

Are you a Candidate for Permanent Cosmetic Procedures?

Before Care

- Do not exercise the day of the procedure.
- Do not tan or have a sunburned face.
- Do not take Aspirin, Niacin, Vitamin E, Fish Oil or Ibuprofen 24 hours before procedure.
- DO NOT take any blood thinning medications, vitamins or supplements 72 hours prior to your appointment. This may cause additional bleeding, swelling, and sensitivity during your treatment.
- No alcohol or caffeine 2 days before the procedure to avoid excess bleeding
- Please note that you will be more sensitive during your menstrual cycle.
- Tweezing/ waxing can be done with a minimum of 2 days before procedure; electrolysis no less than 5 days before. Do not resume any method of hair removal for at least two weeks after procedure.
- Eyelash or eyebrow tinting or eyelash curling should be done no sooner than 5 days before any permanent eyeliner procedure, or 14 days after the procedure.

For Eyeliner:

- Lash serums and anti-aging products will cause sensitivity to your lash line and may result in painful treatment. You must discontinue use of these products a minimum 4 weeks or more prior appointment.
- You must remove all lash extensions prior to this treatment
- Eyelash tinting or eyelash curling should be done no sooner than 5 days before any permanent eyeliner procedure, or 14 days after the procedure.
- Do not wear contact lenses during or immediately following the eyeliner procedure. Remember to bring your glasses. You may resume wearing your contact lenses after your eyeliner procedure has healed 10 days to avoid irritation

Permanent makeup is NOT recommended for any clients who are or have the following

- Pregnant or nursing
- Diabetic
- Chemotherapy (consult your doctor)
- Viral infections and/or diseases
- Epilepsy
- Pacemaker or major heart problems
- Organ transplant
- Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.)
- Sick (cold, flu, etc.)
- Botox in the past 2 week
- Take blood thinning medications.
- Botox must be done at LEAST 3 weeks BEFORE or AFTER your appointment.
- No facials or chemical treatments 14 days BEFORE or 14 days AFTER your procedure.
- Before your appointment AVOID:
 - Diet medications or supplements
 - Vitamin E
 - Fish oils / Omegas
 - Vitamin A and C serums
 - Retinols and any derivatives
 - Laser or any kind of skin resurfacing treatments (chemical peels, microdermabrasion, etc.)

It is *IMPORTANT* to prepare your body for any permanent cosmetic treatment. These instructions should be taken seriously to get the best result possible. These instructions ensure that each session goes as smoothly as possible. We want to avoid encountering adverse reactions that can affect the healed results.

For any procedure or technique you must adhere to the following instructions.